

LA VAL

Day Spa Packages

Massa S...



DAY SPA OFFER

DAY SPA PURE

CHF 75 per Person

Day entry to the Mountain Spa

LUNCH & SPA

CHF 95 per Person

Day entry to the Mountain Spa

Classic Tarte Flambee

Glas Prosecco or beer

De-stress in our mountain spa and either before or after enjoy a classic Tarte Flambee with a drink (before 5:00 PM) in the Restaurant & Bar Da Rubi.

BACK & SPA

CHF 135 per Person

Day entry to the Mountain Spa

25 Minutes Back- & Neck-Massage

In addition to unwinding your day in the spa, enjoy a relaxing back-neck-massage.

OUR MOUNTAIN SPA AND CANCELLATION POLICY

FACILITIES

Indoor wellness pool with bubble bed, 3 jacuzzies in the outdoor area, finnish Sauna, Herbal sauna, Caldarium, Eucalyptus steam sauna, Ice well, themed shower, foot bath, surrounded by warming fireplaces, the extended relaxation room also offers plenty of space to rest, privat sauna (not included in the price), 4 treatment rooms, changing rooms.

DAY SPA

Included with the entry are:

- Day use of the spa
- Locker equipped with bathing robe, bathing and sauna towel & slippers
- Tea bar

OPENING HOURS

Indoor area	08:00 AM – 08:00 PM
Sauna & outdoor area summer	02:00 PM - 08:00 PM
Sauna & outdoor area winter	10:00 AM - 08:00 PM

CANCELLATION

Should you need to cancel or postpone your reservation for the dayspa or a treatment, we request you inform the hotel within an appropriate time.

Please be aware, that for both Day entry as well as appointments for massage or cosmetic treatments cancellation is possible free of charge until 24 hours before check-in time. In case of no-shows or late cancellations we reserve the right to charge your for the reservation.

SPA ETIQUETTE

TREATMENTS

We kindly request for you to be available at the spa reception 5 minutes before your appointment. Thus you will have enough time for a small refreshment from our tea bar and if necessary complete our medical form. Please be aware that your appointment will be shortened should you be late.

AMBIENCE

Please, while in the spa, turn of all mobile phones and electrical equipment in order to not disturb the tranquil ambience.

HYGIENE

Having a shower is mandatory before entering the pools and saunas.

SAUNA

The sauna section is textile free and entry is permitted from 16 years of age.

SAFETY

All sauna booths contain a red emergency button next to the door. Pushing the button will alert reception. Please be aware that for safety reason both the indoor as well as the outdoor pools are monitored via a video camera. The mountain spa is generally not supervised – parents are liable for their children. Please store your valuables in your locker. The LA VAL Hotel & Spa is not responsible for forgotten or lost items.

CHILDREN

Children utilizing the pools is permitted under supervision of their guardian. Please be considerate of other guests as the spa is meant to be a tranquil environment. Though from 04:00 until 05:00 PM children can freely enjoy the indoor pool during play hour.